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MIULLI | art

Advanced Radiation Therapy

La Radioterapia nella malattia oligometastatica
Alba Fiorentino

Alba Fiorentino
Chief, Radiation Oncology
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ARTE

L'arte (altra possibile declinazione del termine "ART") è il metodo di approccio al paziente, in quanto è il veicolo più immediato ed empatico per parlare al cuore della persona malata. La bellezza dell'arte come linguaggio universale consente di far sentire il paziente accolto, rassicurato e partecipe di un percorso non facile della sua vita. Il sentimento di eternità ed infinito trasmesso dalla bellezza artistica permette al paziente di immergersi in un contesto che rompe gli schemi dell'ambiente ospedaliero e predispone all'accettazione del percorso di cura attraverso un complessivo miglioramento del benessere psicofisico.





ARTE

Le due sale di terapia rappresentano il cuore di tutto il progetto, ognuna delle quali ospita un paesaggio ispirato al familiare territorio pugliese, colto in ore e stagioni diverse: uno in pieno sole d'estate, l'altro in primavera all'alba. In ogni paesaggio si raccontano piccole storie: una fanciulla il cui abito mosso dal vento disperde fiori



che vanno a posarsi sui prati e una funambola che, guidata da un palloncino a forma di luna, percorre una fune che unisce due paesi immaginari. Sono storie semplicissime, ma che danno movimento all'immagine e possono costruire un legame positivo con quel luogo, mostrando giorno dopo giorno un dettaglio o un particolare da scoprire, come piccole ancore di salvezza.



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Background



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Oligometastatic Disease WHERE ARE WE?



EDITORIAL

Oligometastases

CANCER TREATMENT is based on an often unstated paradigm of disease pathogenesis. Since 1884, when W.S. Halsted^{1,2} clearly elucidated a mechanism of breast cancer spread and used it to design and support the radical mastectomy, surgical and radiotherapeutic approaches to most cancers have been based on this theory. The Halsted theory proposed that cancer spread is orderly, extending in a contiguous fashion from the primary tumor through the lymphatics to the lymph nodes and then to distant sites. Radical en bloc resection of the primary tumor, radical hysterectomy, and regional irradiation for a variety of cancers based on this notion of cancer spread. Another hypothesis has gained prominence with regard to breast cancer.^{3,4} This hypothesis proposes that clinically apparent systemic disease, small tumors and micrometastases, has already metastasized to metastatic sites. Under these circumstances, treatment of local or regional disease should not affect survival.

more about the orderly nature of the development of malignancy.⁵⁻⁷ Once tumors become invasive, they may gradually acquire the properties necessary for efficient and widespread metastatic spread.⁸ Therefore the likelihood, number, and even sites of metastases may reflect the state of tumor development. This suggests that there are tumor states intermediate between purely localized lesions and those widely metastatic. Such clinical circumstances are not accounted for by either the contiguous

An oligometastatic state is an “intermediate state between purely localized lesions and those widely metastatic”. The state was expounded to be “amenable to a curative therapeutic strategy” and “amenable to localized therapy”.

or disseminate these metastases to a single or a limited number of organs. The likelihood of the oligometastatic state should correlate with the biology of tumor progression, rough clinical surrogates of which, for many tumors, might be primary tumor size and grade. Metastasizing cells may seed specific organs as a function of the seeding

Solitary or few detectable metastatic lesions that are usually confined to a single organ and may be more than one organ

Hellman S, Weichselbaum RR. JCO 1995



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Oligometastatic Disease WHERE ARE WE?



Journal of Clinical Oncology

An American Society of Clinical Oncology Journal

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Oligometastases.

[S. Hellman, R.R. Veichselbaum](#)

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<https://doi.org/10.1200/JCO.1995.13.1.8>

EDITORIAL

Oligometastases

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more about the multistep nature of the development of malignancy.¹¹⁻¹³ Once tumors become invasive, they may gradually acquire the properties necessary for efficient and widespread metastatic spread.¹⁴ Therefore the likelihood, number, and even sites of metastases may reflect

Hellman created heaven for patients and doctors



Background



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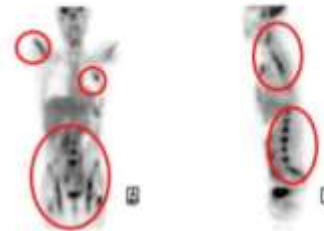
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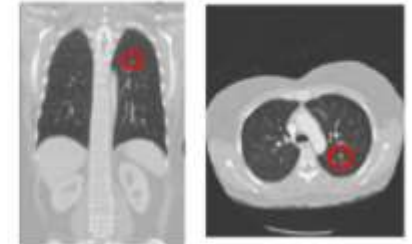
Oligometastatic Disease WHERE ARE WE?

1. Improved imaging (role of **PET-CT/FDG**)
2. Increased availability of **locoregional treatments** (radiofrequency, stereotactic radiotherapy, vertebroplasty, minimally invasive surgery)
3. Availability of more efficacious **systemic treatments** (targeted therapies for oncogene addicted NSCLC, immunotherapy)
4. **Multidisciplinary approach**

Widely Metastatic Disease



Limited Metastatic Disease



- Distinct clinical state
- Metastases limited in number and site (3 to 5 in 1-3 sites)
- More indolent biology
- Amenable to local ablative approaches





Definition of oligometastatic state

Oligometastatic state includes different clinical situations

- Oligometastasis
 - Synchronous oligometastasis
 - Metachronous oligometastasis
- Oligopersistance
- Oligorecurrence
- Oligoprogressive



Background

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Prevalence of OMBC

Table 1. Frequency of Patients Enrolled on First-Line Metastatic Breast Cancer Trials With a Limited Number of Metastatic Sites Who Appear Potentially Eligible for Ablative Therapy

| First Author | Phase | n | ER/PR + (%) | HER2 ⁺ | ≤ 2 Met sites (%) | ≤ 4 Met Sites (%) | Arms | PFS (mo) |
|----------------------------|------------|-----|-------------|-------------------|-------------------|-------------------|------------------------------|----------|
| Albain 2008 ⁵⁴ | II | 599 | 32 | — | 57 | 91 | 1. Gem + Paclitaxel | 9.89 |
| Bergh 2012 ⁵⁵ | III | 593 | 72 | Pos | 52 | — | 2. Paclitaxel | 8.4 |
| Tawfik 2013 ⁵⁶ | II | 30 | 77 | Neg | 50 | — | 1. Sunitinib + Docetaxel | 8.6 |
| Hurvitz 2013 ⁵⁷ | IIR | 137 | 54 | Pos | 49.3 | — | 2. Docetaxel | 8.3 |
| Gianni 2013 ⁵⁸ | III AVEREL | 424 | 51 | Pos | 50 | — | 1. Vinorelbine, capecitabine | 8.6* |
| Sledge 2003 ⁵⁹ | III E1193 | 739 | 45 | — | 49 | — | 1. Trastuz + Docetaxel | 9.2 |
| | | | | | | | 2. T-DM1 | 14.2 |
| | | | | | | | 1. Docetaxel + Trastuz | 13.7 |
| | | | | | | | 2. Docet + Tras + BEV | 16.5 |
| | | | | | | | 1. Doxorubicin | 6* |
| | | | | | | | 2. Paclitaxel | 6.3* |
| | | | | | | | 3. Doxorubicin + Paclitaxel | 8.2* |

* Time to failure.

Abbreviations: ER/PR, estrogen receptor/progesterone receptor; met sites, metastatic sites; PFS, progression-free survival; Pos, positive; Neg, negative; Gem, gemcitabine; T-DM1, trastuzumab emtansine; Docet, docetaxel; Tras, trastuzumab; BEV, bevacizumab.

«49 – 57 % of metastatic breast cancer patients enrolled on major phase II and phase III clinical trials of systemic therapy have **2 or fewer** clinically detected **metastases**»

Salama JK, Chmura SJ. The role of Surgery and ablative radiotherapy in oligometastatic breast cancer. *Seminars in Oncology* 2014; 41 (6): 790-797



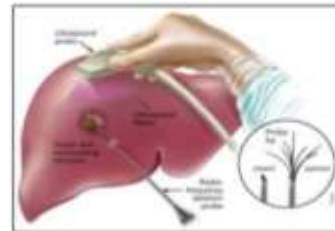
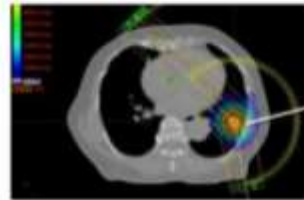
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Local ablative therapies

- Surgery
- SBRT
- MWA
- RFA
- HIFU



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Surgery

Bartlett EK Cancer 2015

Of the 5 most common cancer types, **colorectal cancer** has been the subject of the largest number of studies of metastasectomy with demonstrated **5-year survival rates of >50%**, and **10-year survival ranging from 17% to 36%**.

The role of metastasectomy in **other cancer types remains more controversial**. Multiple metastasectomy series have now been published for **breast cancer, lung cancer, and melanoma**, all of which with relatively favorable survival in carefully selected patients, but the series are smaller and less frequently report long-term follow-up.

TABLE 1. National Estimates of Admissions for Metastasectomy by Cancer Type, 2000 Through 2011

| | Colorectal Cancer | | Lung Cancer | | Breast Cancer | | Melanoma | |
|--------------------------------------|-------------------|-----------------|-------------|-----------------|---------------|-----------------|----------|-----------------|
| | No. | 95% CI | No. | 95% CI | No. | 95% CI | No. | 95% CI |
| All admissions | 87,407 | (86,307-88,507) | 58,245 | (57,453-59,036) | 26,271 | (25,672-26,870) | 20,298 | (19,897-20,699) |
| Mean age (SE), y | 62.2 | 0.10 | 61.4 | 0.10 | 56.8 | 0.17 | 58.1 | 0.22 |
| Female sex | 46.0% | (45.3%-46.8%) | 45.8% | (44.9%-46.7%) | 99.4% | (99.2%-99.6%) | 33.6% | (32.2%-35.1%) |
| Liver metastasectomy | 41,312 | (40,500-42,125) | 503 | (405-601) | 1663 | (1486-1839) | 550 | (448-652) |
| Lung metastasectomy | 19,590 | (18,994-20,185) | NA* | NA* | 6609 | (6266-6951) | 5839 | (5534-6144) |
| Brain metastasectomy | 5588 | (5263-5912) | 52,944 | (52,167-53,720) | 16,091 | (15,591-16,590) | 11,094 | (10,718-11,471) |
| Small bowel metastasectomy | 20,916 | (20,303-21,529) | 2762 | (2535-2988) | 1724 | (1544-1905) | 2440 | (2233-2646) |
| Adrenal metastasectomy | 599 | (493-705) | 2067 | (1870-2264) | 230 | (165-295) | 471 | (377-566) |
| Mean no. of Elixhauser comorbidities | 1.98 | (1.96-2.00) | 2.72 | (2.69-2.75) | 1.87 | (1.83-1.91) | 1.84 | (1.80-1.88) |
| Inpatient mortality rate | 2.13% | (1.91%-2.34%) | 3.18% | (2.86%-3.51%) | 1.91% | (1.54%-2.28%) | 1.65% | (1.26%-2.04%) |



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WHY SBRT FOR OLIGO?

- Ablative dose
- Better technology
- No delay in Systemic therapy
- Good number of studies
- High dose per fraction SBRT appears to be mediated through pathways beyond DNA damage and may enhance immune surveillance of tumors

Metastasectomy increases local control with significant improvement of survival in selected patients



Most patients are inoperable for comorbidities or sites of metastases



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SBRT INDUCES IMMUNOGENIC REACTION
THAT IS NOT SEEN IN CONVENTIONAL FRACTIONATION.

VERY HIGH DOSE CAUSES MASSIVE DAMAGE OF CANCER CELLS
THAT LEADS TO MASSIVE RELEASE OF ANTIGENS BY CANCER CELLS.

RELEASED MASSIVE ANTIGENS LEADS TO 'T' CELL SENSITIZATION
EFFECTOR T CELLS KILL TUMOR CELLS AFTER RECOGNITION.

INCREASE IN T-CELL PRIMING IN DRAINING LYMPH NODES
LEADING TO ERADICATION OF THE PRIMARY & METASTATIC TUMORS.

WAYS TO ENHANCE IMMUNO-STIMULATORY EFFECTS OF RADIATION
COMBINATION WITH IMMUNODRUGS ARE UNDER INVESTIGATION.

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Local ablative therapies

- Selection of patients
- SBRT in OMBC: clinical results



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- Selection of patients

Imaging
Genetic
Clinic



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Strategies and technical challenges for imaging oligometastatic disease: Recommendations from the European Organisation for Research and Treatment of Cancer imaging group

deSouza NM et al

| disease | surveillance imaging at follow-up | abdomen CT | without contrast FDG-PET/CT can be used to | PET/MRI if available |
|---------|---|--------------------------------------|--|---|
| Breast | New primary Node positive at presentation, high-risk | Lymph, nodes, liver, bone, Bone scan | differentiate true metastases Chest, abdomen: pelvic CT with contrast | Conventional staging imaging per routine practice |

¹⁸F-FDG PET/CT is favoured in breast cancer (with WB-MRI as an alternative) but needs supplementing with liver-specific MRI

Brain imaging (MRI) is only warranted in the presence of extra-cranial disease or in patients with neurological symptoms

biopsy if possible



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OPEN ACCESS Freely available online

2011 PLOS one

MicroRNA Expression Characterizes Oligometastasis(es)

Yves A. Lussier^{1,2,3,4*}, H. Rosie Xing^{1,2,5,6}, Joseph K. Salama⁸, Nikolai N. Khodarev^{1,5}, Yong Huang^{1,3}, Qingbei Zhang^{3,6}, Sajid A. Khan⁷, Xinan Yang³, Michael D. Hasselle⁵, Thomas E. Darga⁵, Renuka Malik⁵, Hanli Fan⁵, Samantha Perakis⁵, Matthew Filippo⁵, Kimberly Corbin⁵, Younghee Lee³, Mitchell C. Posner⁷, Steven J. Chmura⁵, Samuel Hellman^{2,5}, Ralph R. Weichselbaum^{1,2,5*}

1 Comprehensive Cancer Center, University of Chicago, Chicago, Illinois, United States of America, 2 Lubrizo Center for Metastasis Research, University of Chicago, Chicago, Illinois, United States of America, 3 Department of Medicine Center for Biomedical Informatics, University of Chicago, Chicago, Illinois, United States of America, 4 Institute for Genomics and Systems Biology, University of Chicago, Chicago, Illinois, United States of America, 5 Department of Radiation and Cellular Oncology, University of Chicago, Chicago, Illinois, United States of America, 6 Department of Pathology Committee on Cancer Biology, University of Chicago, Chicago, Illinois, United States of America, 7 Department of Surgery, University of Chicago, Chicago, Illinois, United States of America, 8 Department of Radiation Oncology Duke University Medical Center, Durham, North Carolina, United States of America

... we have identified **microRNA expression** features of a potential classifier that predict the distinct outcomes of metastatic patients who maintained stable oligometastatic disease from those who progressed to polymetastases. We also provide biological confirmation for molecular differences, in this case the **microRNA regulation**, that underlie oligometastatic to polymetastatic progression.



Results

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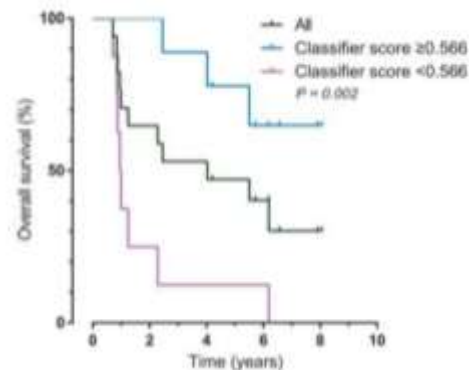
Local ablative therapies

- Selection of patients



Clinical and Molecular Markers of Long-Term Survival After
Oligometastasis-Directed Stereotactic
Body Radiotherapy (SBRT)

Wong AC, et al.



A candidate classifier using expression levels of 3 microRNAs (miR-23b, miR-449a, and miR-449b) predicted survival among 17 patients who had primary tumor microRNA expression data available



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- Selection of patients



Stereotactic body radiotherapy for oligometastases

Aliwan C Tang, Vincent T Khoo, Rosalind A Eeles, Marina Ahmed, David P Dearnaley, Maria A Hawkins, Robert A Hubbard, Christopher M Nutting, Peter J Ostler, Nicholas J van Aal

Panel: Evidence-based practice for extracranial oligometastases

- Stereotactic body radiotherapy results in a high control rate of treated metastases (~80%)
- About 20% of patients are progression free at 2-3 years after stereotactic body radiotherapy
- Toxicity is low
- Stereotactic body radiotherapy should be considered in patients with isolated metastases, especially if the disease-free interval is longer than 6 months
- Randomised trials are needed to establish whether stereotactic body radiotherapy improves progression free and/or overall survival
- Patients most likely to benefit from stereotactic body radiotherapy have:
 - Long disease-free interval
 - Breast histology
 - One to three metastases
 - Small metastases
 - Higher radiation dose delivered (biologic effective dose >100 Gy)



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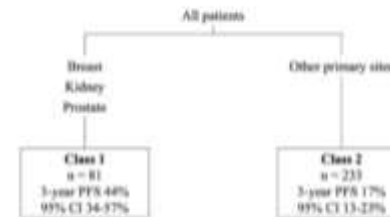
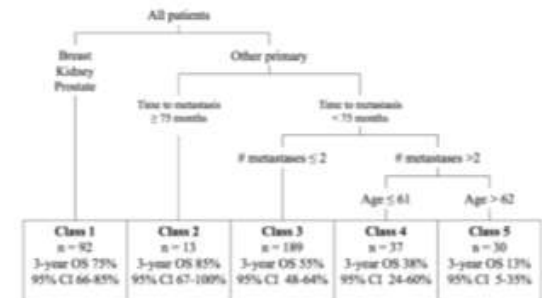
• Selection of patients

RESEARCH ARTICLE

Classification for long-term survival in oligometastatic patients treated with ablative radiotherapy: A multi-institutional pooled analysis

Julian C. Hong¹, Diandra N. Ayala-Peacock², Jason Lee³, A. William Blackstock⁴, Paul Okunieff⁵, Max W. Sung⁶, Ralph R. Weichselbaum⁷, Johnny Kao⁸, James J. Urbanic⁹, Michael T. Milano¹⁰, Steven J. Chmura^{7e}, Joseph K. Salama^{1e*}

¹ Department of Radiation Oncology, Duke University, Durham, NC, United States of America, ² Department of Radiation Oncology, Vanderbilt University, Nashville, TN, United States of America, ³ Memorial & St. Elizabeth's Cancer Treatment Center, Swansea, IL, United States of America, ⁴ Department of Radiation Oncology, Wake Forest University, Winston-Salem, NC, United States of America, ⁵ Department of Radiation Oncology, University of Florida, Gainesville, FL, United States of America, ⁶ Division of Hematology and Medical Oncology, Mount Sinai School of Medicine, New York, NY, United States of America, ⁷ Department of Radiation and Cellular Oncology, University of Chicago, Chicago, IL, United States of America, ⁸ Department of Radiation Oncology, Good Samaritan Hospital Medical Center, West Islip, NY, United States of America, ⁹ Department of Radiation Medicine and Applied Sciences, University of California, San Diego, La Jolla, CA, United States of America, ¹⁰ Department of Radiation Oncology, University of Rochester Medical Center, Rochester, NY, United States of America



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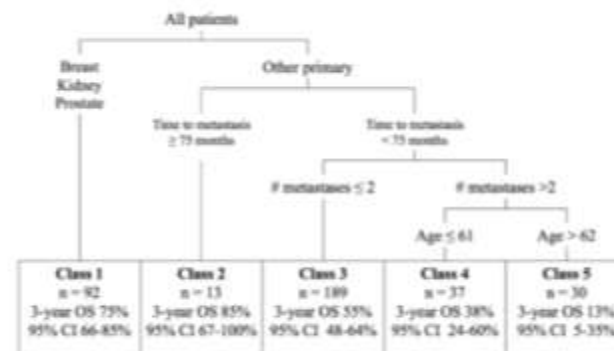
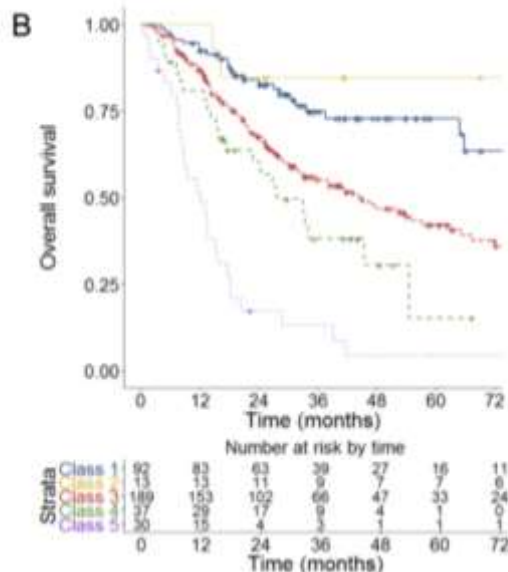
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RESEARCH ARTICLE

Classification for long-term survival in oligometastatic patients treated with ablative radiotherapy: A multi-institutional pooled analysis



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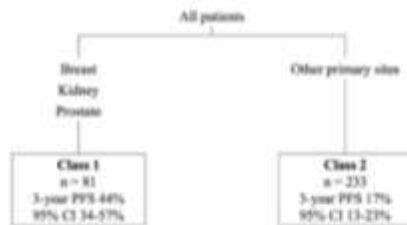
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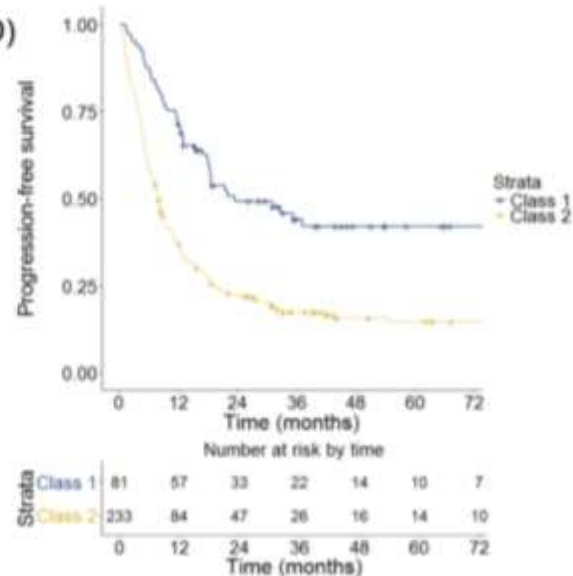
RESEARCH ARTICLE

Classification for long-term survival in oligometastatic patients treated with ablative radiotherapy: A multi-institutional pooled analysis

C)



D)



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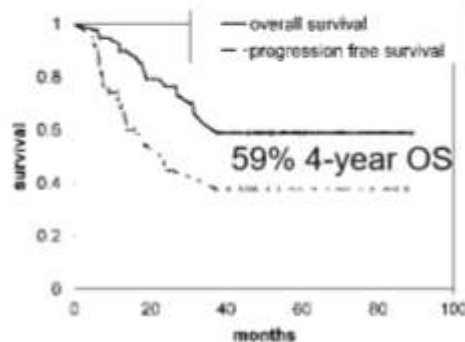
- SBRT in OMBC: clinical results

Breast Cancer Res Treat (2019) 117:601–608
DOI 10.1007/s10548-019-0157-4

CLINICAL TRIAL

Oligometastatic breast cancer treated with curative-intent stereotactic body radiation therapy

Michael T. Milano · Hong Zhang · Su K. Metcalfe ·
Ann G. Muhs · Paul Okunieff



MBC patients
25.9% 5-year OS

(SEER database Cancer Statistic Review, 2015)



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• SBRT in OMBC: clinical results

The Breast 43 (2016) 57–66



Review

Stereotactic radiotherapy in metastatic breast cancer

Marco Possanzini ^{a,b,c,*}, Carlo Greco ^a

^a Radiotherapy Department, Fondazione Champalimaud, Lisbon, Portugal

^b Breast Unit, Fundação Champalimaud, Lisbon, Portugal

^c Radiotherapy Department, Istituto Oncologico Hospital, Cagliari, Italy

«This review provides preliminary evidence that **ablative radiotherapy** may play an **important role in management of oligometastatic breast cancer** and its use is rapidly gaining consensus due to its **non-invasive nature, excellent safety profile, established efficacy** in achieving durable local control in a cost-effective manner»

Metastatic body radiotherapy in metastatic breast cancer patients.

| Study | Site | Patients/lesions (n) | Therapy (dose) | LC (%) | PFS (%) | OS (%) | Pain relief | Toxicity (grade) |
|------------------------------|--------------------------------|------------------------------|--|----------------------------|----------------------------|----------------------------|---------------|------------------|
| Gertzen et al. [80], 2005 | Spinal | 50/88 (48 recurrent) | SBRT (15–22.5 Gy, median 19 Gy) | 100 | NR | NR | 96% | NA |
| Gagnon et al. [118], 2007 | Recurrent spinal after CRT | 18/NA (17 recurrent) | SBRT (21–28 Gy/3–4f.) | NR | NR | median 31 | Near complete | ≤2 |
| Milano et al. [43], 2009 | Liver, lung, bone, lymph nodes | 40/85 | SBRT (NA) | | 44 (2-year) | 76 (2-year) | | NA |
| Scorsetti et al. [119], 2016 | Lung, liver | 22/33 liver, 10/14 lung | SBRT (liver 36.25–75 Gy/3 f., median 75 Gy) SBRT (lung 48–60 Gy/3–4 f., median 48 Gy/4f.) | 88 (4-year) 88 (1-year) | 38 (4-year) 40 (1-year) | 58 (4-year) 93 (1-year) | | ≤2 |
| Scorsetti et al. [120], 2017 | Liver | 22/33 | SBRT (36.25–75 Gy/3 f., median 75 Gy) | 90 (3-year) | 27 (2-year) | 88 (2-year) | | ≤2 |
| Troini et al. [81], 2018 | Bone, lymph nodes, lung, liver | 54/92 (50 fractionated SBRT) | SBRT (30–45 Gy/3f.) or SBRT (60 Gy/25 f.) | 87 (2-year) 97 (2-year) | 18 (2-year) 79 (1-year) | 86 (2-year) 95 (2-year) | | ≤2 |
| | | | | | 53 (2-year) | | | |

Note: VMAT = Volumetric Modulated Arc Therapy; SBRT = fractionated Stereotactic Body Radiation Therapy; sSBRT = single dose Stereotactic Body Radiation Therapy; NA = Not Available.

OS 2-year: 66-95%
PFS 2-year: 18-53%



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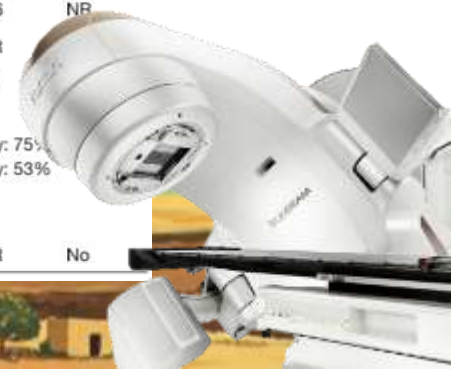
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Table 2 Prospective and retrospectives trials reporting clinical results of SABR in oligometastatic breast cancer

| Author | Study type | n | MTs, n | Elderly patient, n | Primary neoplasm | MT location(s), n | RT dose | Local control rate | Median OS (months) | PFS (months) | Toxicity ≥ G3 |
|-------------------------------|---------------|-----|--------|--------------------|---|--|--|--|------------------------------------|-----------------------|---------------|
| Yang <i>et al.</i> (41) | Retrospective | 136 | 186 | NR | Breast | Brain | 21 Gy/1–3 fx | 1-y: 90%; 2-y: 73% | 17,6 | 14.8 | No |
| Xu <i>et al.</i> (42) | Retrospective | 103 | 283 | NR | Breast | Brain | 20 Gy/1 fx | NR | TN:10; Others: 18 | NR | No |
| Dyer <i>et al.</i> (43) | Retrospective | 51 | 51 | 11 | Breast | Brain | NR | NR | 16.2 | NR | NR |
| Gagnon <i>et al.</i> (44) | Retrospective | 18 | NR | 4 | Breast | Spinal cord | 21–28 Gy/3–4 fx | NR | 21 | NR | No |
| Muacevic <i>et al.</i> (45) | Retrospective | 151 | 620 | 114 | Breast | Brain: 620 | 15–41 Gy/1–5 fr | 1-y 94% | 10 | NR | No |
| Onal <i>et al.</i> (46) | Retrospective | 22 | 29 | 5 | Breast | Liver: 29 | 18 Gy x3 fr | 1-y: 100%; 2-y: 88% | Not reached | 7.4 | 4.54% |
| Vern-Gross <i>et al.</i> (47) | Retrospective | 154 | NR | 4 | Breast | Brain | 9–24 Gy single fr | HER2–: 1-y 76.5%; 3-y 59.5%; HER2+ 1-y 79.4%; 3-y 55.9% | 8.4 | NR | NR |
| Sharma <i>et al.</i> (48) | Retrospective | 206 | 327 | 76 | CCR, Lung, Melanoma, Sarcoma, Breast (7), Other | Lung | 51–60x3 fr; 30x1 fr; 50–60x5 fr; 48 x6 fr; 56 x7 fr; 49x7 fr | 2-y: 85%; 3-y: 83%; 5-y: 81% | 33 | 13 | 2.40% |
| Kased <i>et al.</i> (49) | Retrospective | 176 | 348 | NR | Breast | Brain | 19 Gy x1 fr | 1-y: 90%; 2-y: 83% | 16 | 8.6 | NR |
| Cho <i>et al.</i> (50) | Retrospective | 131 | NR | NR | Breast | Brain | 14–24 Gy single fx | NR | 15.7 | NR | |
| Scorsetti <i>et al.</i> (51) | Prospective | 33 | 47 | NR | Breast | Liver: 33; Lung 14 | 18,75 Gy x3 fr; –25 Gy x3 fr | 1-y: 98%; 2-y: 90% | 48 | 11 | |
| Trovo <i>et al.</i> (52) | Prospective | 54 | 92 | NR | Breast | Bones:60; Nodes:23; Lung: 4; Liver: 5 | 30–45 Gy/3 fx; 60 Gy/25 fx | 2-y: 97% | NR. Actuarial 2-y survival: 95% | 1-y: 75%; 2-y: 53% | |
| Gerszten <i>et al.</i> (53) | Prospective | 50 | 68 | NR | Breast | Spinal cord | 15–22, 5 Gy/1 fx | 100% | NR | NR | No |



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Table 1
Patient and tumor characteristics (n = 54).

| Characteristics | No. of patients | % |
|---|-----------------|----|
| Age, years | | |
| Median | 55 | |
| Range | 36-83 | |
| Status at diagnosis | | |
| Early-stage disease (stage I-II) | 14 | 26 |
| Locally-advanced disease (stage III) | 27 | 50 |
| Metastatic disease (stage IV) | 13 | 24 |
| Oligometastatic status | | |
| At diagnosis | 40 | 74 |
| Induced | 14 | 26 |
| Histology | | |
| Ductal | 48 | 89 |
| Lobular | 6 | 11 |
| Grade | | |
| Well differentiated (G1) | 3 | 6 |
| Moderately differentiated (G2) | 19 | 35 |
| Poorly differentiated (G3) | 28 | 52 |
| Not described | 4 | 7 |
| Estrogen receptor | | |
| Positive | 43 | 80 |
| Negative | 11 | 20 |
| Her2-onc | | |
| Negative | 41 | 76 |
| Positive | 11 | 20 |
| Not described | 2 | 4 |
| Tumor phenotype | | |
| Luminal A/B | 43 | 80 |
| Her-2 Rich | 4 | 7 |
| "Triple-negative" | 7 | 13 |
| Systemic treatment concomitant with radiation | | |
| Hormonal therapy | 9 | 17 |
| Chemotherapy | 33 | 61 |
| Chemotherapy + Trastuzumab | 2 | 4 |
| Trastuzumab | 4 | 7 |
| None | 6 | 11 |

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Phase II trial

Radical radiation therapy for oligometastatic breast cancer: Results of a prospective phase II trial



Marco Trovò^{a,*}, Carlo Furlan^a, Jerry Polesel^b, Francesco Fiorica^c, Stefano Arcangeli^d, Niccolò Gaj-Levra^e, Filippo Alongi^c, Alessandro Del Conte^f, Loredana Militello^f, Elena Muraro^g, Debora Martorelli^g, Simon Spazzapan^{h,i}, Massimiliano Berretta^f

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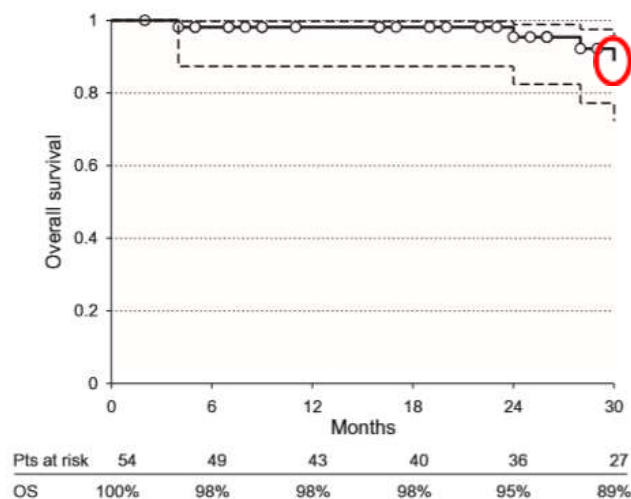


Fig. 2. Kaplan-Meier estimates of overall survival.

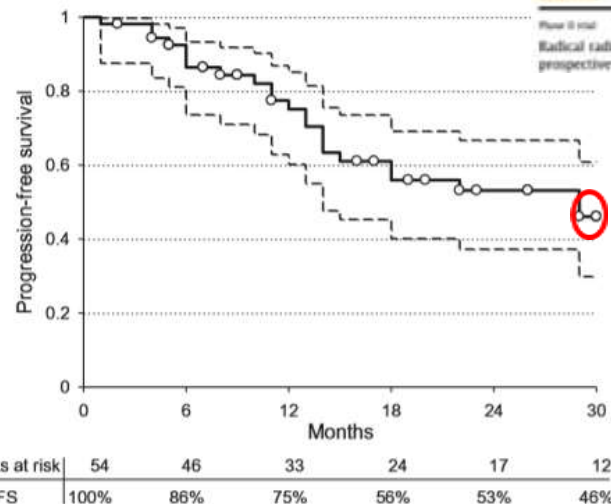


Fig. 1. Kaplan-Meier estimates of progression-free survival.



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RESEARCH ARTICLE

Classification for long-term survival in oligometastatic patients treated with ablative radiotherapy: A multi-institutional pooled analysis

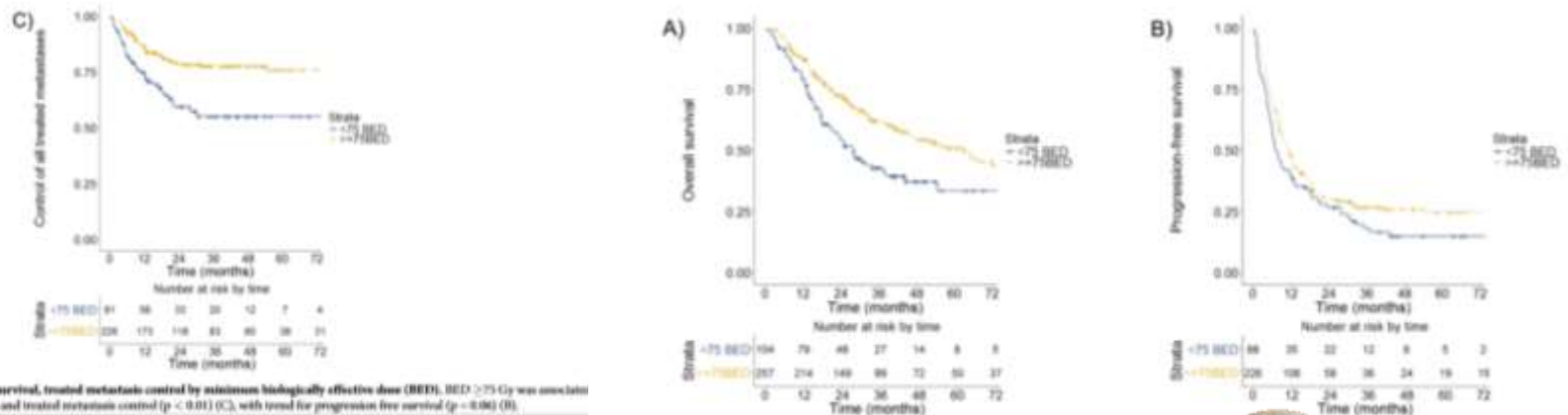


Fig 3. Overall and progression free survival, treated metastasis control by minimum biologically effective dose (BED). BED ≥ 75 Gy was associated greater overall survival ($p < 0.01$) (A) and treated metastasis control ($p < 0.01$) (C), with trend for progression free survival ($p = 0.06$) (B).
<https://doi.org/10.1371/journal.pone.0188148.g003>



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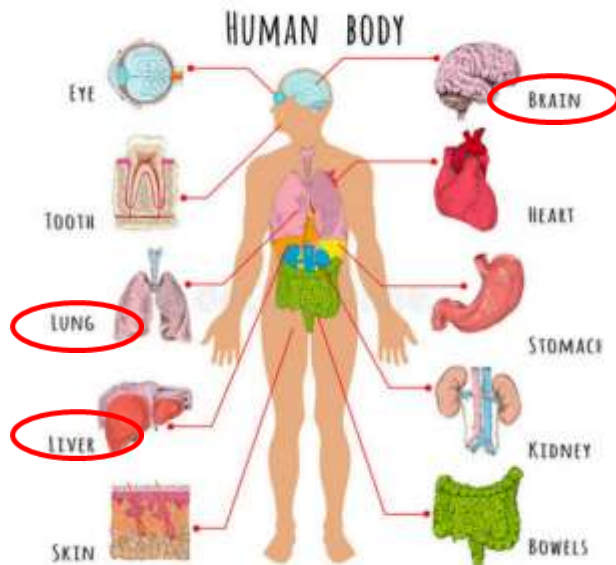
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HUMAN BONES



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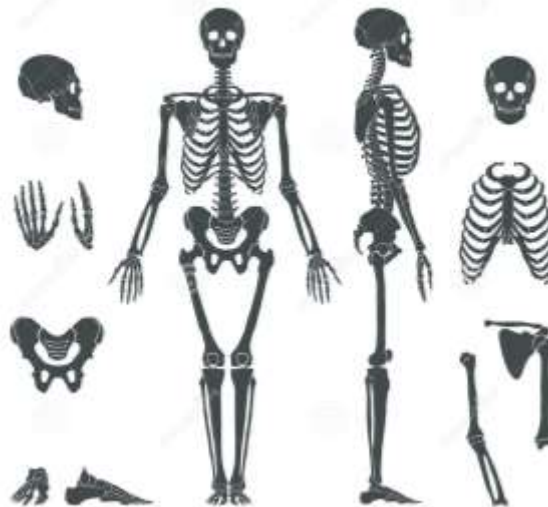
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Original Article

Oligometastatic breast cancer treated with hypofractionated stereotactic radiotherapy: Some patients survive longer than a decade



Michael T. Milano^{a,*}, Alan W. Katz^a, Hong Zhang^a, Christine F. Huggins^a, Khush S. Aujla^a, Paul Okunieff^b

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Table 1

Patient and treatment characteristics.

| | Excluding bone-only oligometastases | Bone-only oligometastases | p value |
|---|-------------------------------------|---------------------------|-----------------|
| Number of patients | 36 | 12 | |
| Age (years) | | | |
| Median [range] | 60.0 [42.8-64.9] | 43.9 [36.3-64.6] | 0.020 |
| Time interval (months) | | | |
| - Primary diagnosis to metastases ¹ | | | |
| Synchronous (<2 months) | 3 (8%) | 5 (42%) | 0.007 |
| Metachronous | 33 (92%) | 7 (58%) | |
| - Median [range] (months) | 54 [11-228] | 36 [8-82] | 0.13 |
| - Metastases ² to oligometastases ² | | | |
| Synchronous (<2 months) | 31 (86%) | 12 (100%) | |
| Metachronous | 5 (14%) | 0 | |
| - Median [range] (months) | 24 [12-55] | | |
| - Oligometastases ³ to protocol enrollment | | | |
| Median [range] (months) | 7 [1-77] | 10 [1-96] | 0.024 |
| Estrogen and/or progesterone receptor positivity | 20 (56%) | 11 (92%) | 0.024 |
| Sites involved with oligometastatic disease | | | Not analyzed |
| - Lung | 15 (42%) | NA | |
| - Thoracic lymph nodes | 11 (31%) | NA | |
| - Liver | 14 (39%) | NA | |
| - Pelvic or abdominal lymph nodes | 3 (8%) | NA | |
| - Adrenal | 2 (6%) | NA | |
| - Bone | 2 (6%) | 12 (100%) | |
| Number of oligometastases treated | | | 0.41 |
| - 1 | 12 (33%) | 7 (58%) | 0.13 (1 vs.2-5) |
| - 2 | 12 (33%) | 3 (25%) | |
| - 3 | 5 (14%) | 2 (16%) | |
| - 4 | 3 (8%) | 0 | |
| - 5 | 4 (11%) | 0 | |
| Number of involved organs | | | Not analyzed |
| - 1 | 26 (72%) | 12 (100%) | |
| - 2 | 9 (25%) | NA | |
| - 3 | 1 (3%) | NA | |



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| | | | |
|---|-------------------|--------------------|--------------|
| Sum of GTVs | | | |
| Median [range] | 20.0 [1.3–402] cc | 20.9 [4.8–79.4] cc | 0.10 |
| <25 cc | 17 (47%) | 6 (50%) | 0.87 |
| Dose in EQD2 | | | |
| Median [range] (Gy) | 62.5 [39.3–83.3] | 57.3 [38.3–70] | 0.54 |
| Systemic therapy for oligometastases prior to HSRT | | | |
| – Any | 32 (89%) | 12 (100%) | 0.23 |
| – Chemotherapy and/or antibody therapy | 23 (64%) | 7 (58%) | |
| – Hormonal therapy | 16 (44%) | 11 (92%) | |
| Treated lesion response to systemic therapy | | | |
| – stable | 4 (11%) | 4 (33%) | |
| – partial response | 7 (19%) | 1 (8%) | |
| – progression | 14 (39%) | 1 (8%) | 0.037 |
| – not applicable (no systemic therapy used) | 4 (11%) | 0 | |
| – unable to assess | 7 (19%) | 6 (50%) | |
| Systemic therapy after HSRT (before potentially developing widespread disease) | | | |
| – Any | 26 (72%) | 11 (92%) | 0.17 |
| – Chemotherapy and/or antibody therapy | 19 (53%) | 4 (33%) | |
| – Hormonal therapy | 17 (47%) | 10 (83%) | |
| Systemic therapy for widespread disease | | | Not analyzed |
| – Any | 16 (44%) | 6 (50%) | |
| – Chemotherapy and/or antibody therapy | 15 (42%) | 6 (50%) | |
| – Hormonal therapy | 8 (22%) | 6 (50%) | |
| – None | 3 (8%) | 0 | |
| – NA (i.e. no widespread disease) | 7 (19%) | 6 (50%) | |
| – Unknown | 10 (28%) | 0 | |



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Table 2

Patient survival and tumor control outcomes.

| | Excluding bone-only oligometastases | Bone-only oligometastases | Univariate p value | Multivariate p value ^a |
|--|-------------------------------------|---------------------------|--------------------|-----------------------------------|
| Overall survival | | | 0.002 | 0.026 |
| – Median [range] (years) | 3.2 [0.5–17.9] | not reached [2.9–16.8] | | |
| – 5-year | 31% | 83% | | |
| – 10-year | 17% | 75% | | |
| Freedom from LR of treated lesion(s) | | | 0.076 | 0.052 |
| – 2-year, 5-year and 10-year ^b | 73% | 100% | | |
| Freedom from widespread metastases | | | 0.018 | 0.037 |
| – 2-year | 42% | 75% | | |
| – 5-year | 30% | 67% | | |
| – 10-year | 15% | 67% | | |
| Repeat hypofractionated metastasis-directed radiotherapy | | | Not analyzed | Not analyzed |
| – For local recurrence | 2 (6%) ^c | 1 (8%) | | |
| – Median [range] (years) | 1.0 (0.8–1.2) | 13.8 | | |
| – 2nd course for new oligometastases | 11 (31%) | 4 (33%) | | |
| – Median [range] (years) | 0.8 [0.6–11.6] | 6.3 [5.0–9.8] | | |
| – ≥3 courses for new oligometastases | 5 (14%) | 2 (17%) | | |



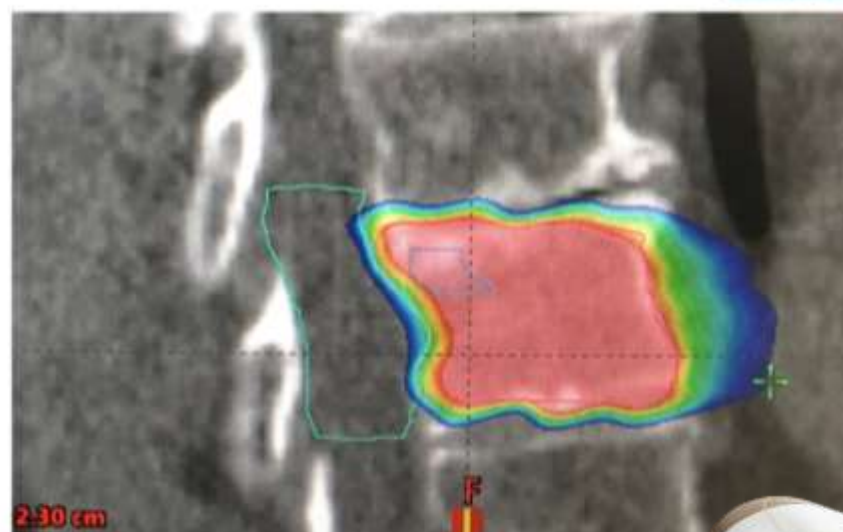
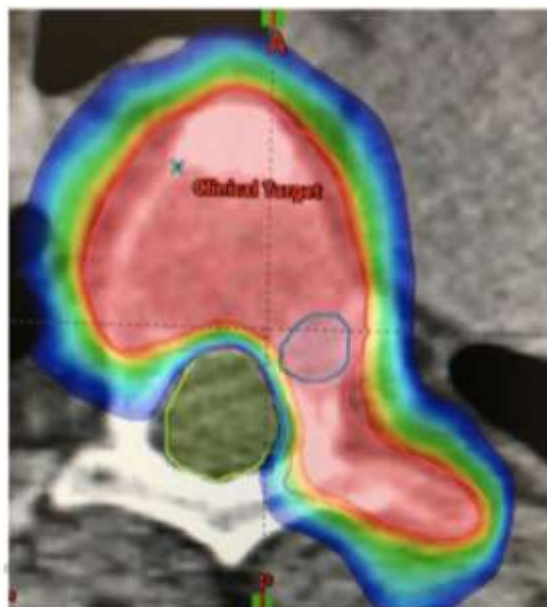
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Table 3. Selected Spine SBRT Series for Spinal Metastases With No Prior History of Radiation.

| Study Authors (Year) | Study Design | No. of Tumors/ No. of Patients | No. of Postoperative Tumors | Histology | Total Dose (Range)/ No. of Fractions (Range) | Follow-up in Months (Range) | Local Control | Overall Survival | Pain Response |
|---|---------------|--------------------------------|-----------------------------|----------------------|--|-----------------------------|---------------------------------|---------------------------------|--|
| Gerszten et al ⁵¹ (2007) | Prospective | 156/na ^a | 9 | Mixed | Mean: 20 Gy (12.5-25 Gy)/1 | Median: 21 (3-53) | 90% (crude) | na | 86% reported long-term improvement |
| Yamada et al ⁵² (2008) | Retrospective | 103/93 | 0 | Mixed | Median: 24 Gy (18-24 Gy)/1 | Median: 15 (2-45) | 90% (15 months) | Median: 15 months | na |
| Sahgal et al ⁵³ (2009) | Retrospective | 23/14 | 0 | Mixed | Median: 24 Gy (7-40 Gy)/3 (1-5) | Median: 9 (1-26) | 85% (1 year)/ 69% (2 years) | 45% (2 years) | na |
| Nguyen et al ⁵⁴ (2010) | Prospective | na/22 ^a | 0 ^b | Renal cell carcinoma | Median: 27 Gy (24-30 Gy)/3 (1-5) | Median: 13.1 (3.3-54.5) | 82% (1 year) ^c | 72% (1 year) ^c | BP: no pain 23% (baseline) to 52% (12 months) |
| Wang et al ⁵⁵ (2012) | Prospective | 166/149 | 0 ^d | Mixed | 27-30 Gy/3 | Median: 15.9 (1.0-91.6) | 80.5% (1 year)/ 72.4% (2 years) | 68.5% (1 year)/ 46.4% (2 years) | BP: no pain 26% (baseline) to 54% (6 months) |
| Ahmed et al ⁵⁶ (2012) | Retrospective | 63/46 ^a | 0 | Mixed | Median: 24 Gy (10-40 Gy)/3 (1-5) | Mean: 8.2 | 91.2% (1 year) | 59% (1 year) | na |
| Thibault et al ⁵⁷ (2014) | Retrospective | 60/37 ^a | 10 | Renal cell carcinoma | Median: 24 Gy (18-30 Gy)/2 (1-5) | Median: 12.3 (1.2-55.4) | 83.4% (1 year)/ 66.2% (2 years) | 64.1% (1 year)/ 45.6% (2 years) | na |
| Guckenberger et al ⁵⁸ (2014) | Retrospective | 387/301 | 0 | Mixed | Median: 24 Gy (10-60 Gy)/3 (1-20) | Median: 11.8 (0-105) | 89.9% (1 year)/ 83.9% (2 years) | 64.9% (1 year)/ 43.7% (2 years) | na |
| Sohn et al ⁵⁹ (2014) | Retrospective | 13/13 | 0 | Renal cell carcinoma | Mean: 38.0 Gy/median: 4 | na | 85.7% (1 year) | Median: 15 months | 23.1% complete; 53.8% partial |
| Folkert et al ⁶⁰ (2014) | Retrospective | 108/88 ^b | 33 | Sarcoma | Median: 24 Gy (18-24 Gy)/1 or median: 28.5 Gy (24-36 Gy)/3 (3-6) | Median: 12.3 (1-80.7) | 87.9% (1 year) | 60.6% (1 year) | na |
| Park et al ⁶¹ (2014) | Retrospective | 45/28 ^b | 1 | Mixed | Median: 27 Gy (18-35 Gy)/3 (1-5) | Median: 7.4 (1.1-42.5) | 93.2% (1 year)/ 93.2% (2 years) | 47.4% (1 year)/ 27.9% (2 years) | VAS: median 4 (pre-SBRT) to 1 (1-3 months post-SBRT) |
| Anand et al ⁶² (2015) | Retrospective | 76/32 ^a | 8 | Mixed | Median: 24 Gy (24-27 Gy)/3 (1-3) | Median: 8.5 (3.0-40.0) | 94% (1 year)/ 82.6% (2 years) | 68% (1 year)/ 45.4% (2 years) | 92.3% complete; 5.8% partial |
| Sellin et al ⁶³ (2015) | Retrospective | 40/37 | 0 | Renal cell carcinoma | Median: 24 Gy (24-30 Gy)/1 (1-5) | Median: 49.0 (38.2-75.8) | 57% | Median: 16.3 months | VAS: 41.4% improved pain |
| Bishop et al ⁶⁴ (2015) | Retrospective | 332/285 ^c | 0 | Mixed | Median (tumor dose): 43 Gy (biologically equivalent dose, alpha/beta = 10) | Median: 19 (0-111) | 88% (1 year)/ 82% (3 years) | 64% (1 year)/ 33% (3 years) | na |
| Bate et al ⁶⁵ (2015) | Retrospective | 48/36 ^d | 0 | Mixed | 16-23 Gy/1 or 20-30 Gy/2-5 | Median: 9.8 | 95.8% (1 year) | 44% (crude) | na |
| Azad et al ⁶⁶ (2015) | Retrospective | 25/25 | 0 | Mixed | Median: 20 Gy (15-25.5)/2 (1-5) | Median: 18 (1-81) | 84.2% (crude) | Median: 28 months | na |



Results

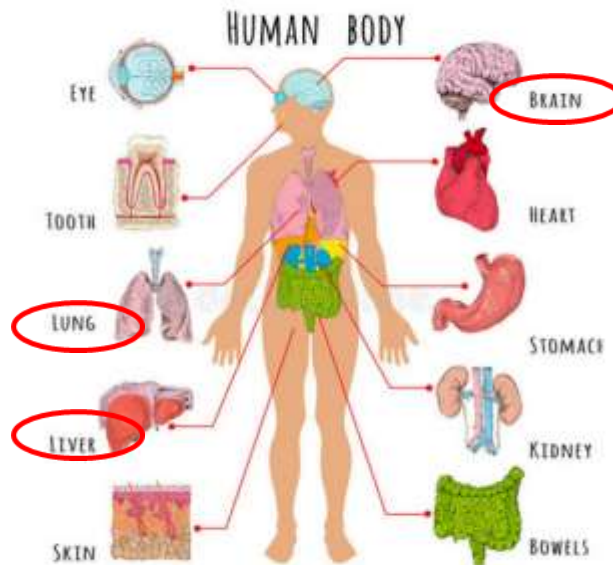
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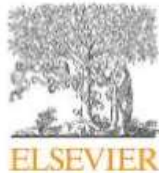
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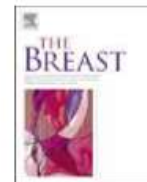
The Breast 41 (2018) 57–66



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Review

Stereotactic radiotherapy in metastatic breast cancer

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| Study | n | Median OS (months) | Median BC-free survival (months) | Median time to local recurrence (months) | Local recurrence (%) |
|-----------------------------|------------|---------------------------|----------------------------------|--|----------------------|
| Conforti et al. [110], 2004 | 62/105 | 30.1 (14-38.1) vs WBRT | NA | 15 | 6.78 ± 3 |
| Mazzoni et al. [111], 2004 | 111/128 | 30.1 (15-40.2) vs WBRT | NA | 10 | 10.88 ± 3.4 |
| Galluzzi et al. [112], 2008 | 87/94 | 30.1 (14-38.1) vs WBRT | NA | 15.4 (1-18 months) | NA |
| Geraud et al. [113], 2009 | 95/148/185 | 30.1 (14-38.1) vs WBRT | NA | 10 (conventional WBRT) | 10.88 ± 3.4 |
| | 95/148/185 | 30.1 (14-38.1) vs WBRT | NA | 11.7 (conventional WBRT) | 10.88 ± 3.4 |
| Montagna et al. [114], 2010 | 101/108 | 30.1 (14-38.1) vs WBRT | NA | 15 | 4.0 |
| Wardlaw et al. [115], 2011 | 100/115 | 30.1 (14-38.1) vs WBRT | NA | 49 (1-year) 29 (2-year) | NA |
| Catalano et al. [116], 2012 | 100/115 | 30.1 (14-38.1) vs WBRT | NA | 6.3 | NA |
| Yu et al. [117], 2013 | 100/115 | 30.1 (14-38.1) vs WBRT | NA | 40 vs 45 (1-year vs 2-year) | NA |

BMBC incidence between 3% and 6% in early-stage, and up to 30% in stage IV disease

Triple negative MBC patients have 25-46% estimated probability of brain recurrence
(vs 10% in Hormone receptor positive HER2 negative MBC)

High heterogeneity in dose/fractionation and modalities (WBRT/SRS/Surgical resection)

2-year LC ranged from 73% to 83% and 2-year OS from 41% to 21%

Radionecrosis ranged from 4% to 10,6% (excluding Geraud et al study)

| | | | | | |
|---------------------------|----|-----------------------------|----------------------------|----|---|
| Geraud et al. [113], 2009 | 12 | 1-50% vs 50% (WBRT vs WBRT) | 7% vs 53.3% (WBRT vs WBRT) | NA | 50% vs 20% (radionecrosis vs 1-50% vs 50% (WBRT vs WBRT)) |
|---------------------------|----|-----------------------------|----------------------------|----|---|



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BRAIN

ness analysis of SRS/SRT alone compared to SRS/SRT with upfront WBRT for BMs, it seems that SRS alone was found to be more cost-effective for patients with 1–3 BMs compared to upfront WBRT plus SRS/SRT (46). The emerging interest to treat patients affected by more than four BMs allowed to introduce a new technology of linac-based SRS/SRT for multiple BMs in daily clinical practice. The main intent of this new technology is to reduce the overall treatment time and the costs for the health systems due to the ability of delivering SRS/SRT for multiple BMs within a single session (47).

In conclusion, the role of SRS/SRT for brain metastases seems to be definitively assessed as a crucial part on the management of BMs patients. SRS/SRT has shown to be a safe and effective treatment procedure, able to pursuit a high level of local control.

Role of Radiosurgery/Stereotactic Radiotherapy in Oligometastatic Disease: Brain Oligometastases

Rosario Mazzola¹, Stefanie Corradini², Fabiana Gregucci³, Vanessa Figlia¹, Alba Fiorentino³ and Filippo Alongi^{1,4*}

¹ Radiation Oncology Department, IRCCS Sacro Cuore Don Calabria Hospital, Negrar, Italy, ² Radiation Oncology Department, LMU Munich University Hospital, Munich, Germany, ³ Radiation Oncology Department, General Regional Hospital "F. Miuli", Acquafredda delle Fonti, Italy, ⁴ Radiation Oncology Department, University of Brescia, Brescia, Italy

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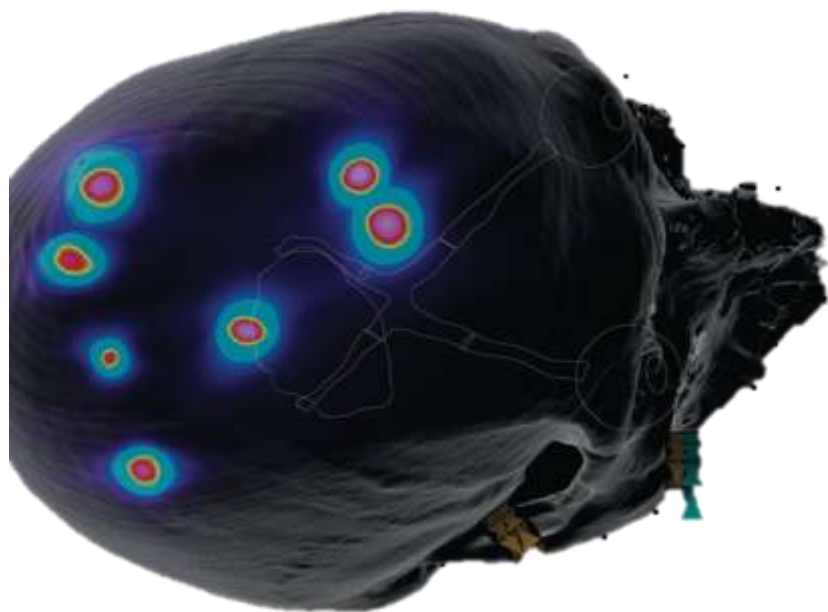
Results

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La Radioterapia nella malattia oligometastatica
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RADIOTERAPIA STEREOTASSICA *Hyper Arc*



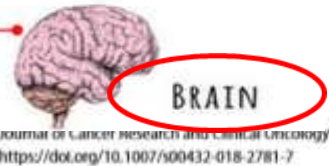
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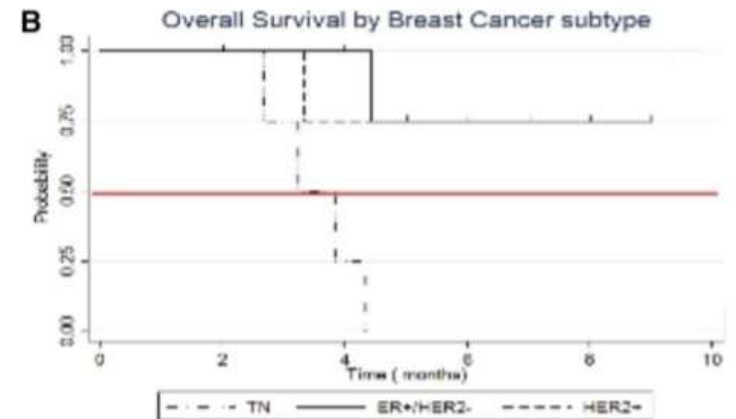


ORIGINAL ARTICLE - CANCER RESEARCH



First experience and clinical results using a new non-coplanar mono-isocenter technique (HyperArc™) for Linac-based VMAT radiosurgery in brain metastases

Filippo Alongi^{1,2} · Alba Fiorentino¹ · Fabiana Gregucci¹ · Stefanie Corradini³ · Niccolò Gaj-Levra¹ · Luigi Romano⁴ · Michele Rigo¹ · Francesco Ricchetti¹ · Alberto Beltramello⁴ · Gianluigi Lunardi⁵ · Rosario Mazzola¹ · Ruggero Ruggieri¹



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Local ablative therapies

LIVER



cancers



Review

Local Treatment of Breast Cancer Liver Metastasis

Reto Bale , Daniel Putzer and Peter Schullian *

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* Correspondence: reto.bale@i-med.ac.at (R.B.); peter.schullian@i-med.ac.at (P.S.);

Tel.: +43-512-504-22761 (R.B. & P.S.)

Received: 12 August 2019; Accepted: 9 September 2019; Published: 11 September 2019



Results

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Local ablative therapies

LIVER

3.3.1. Stereotactic Body Radiation Therapy (SBRT)

The liver parenchyma has low radiation tolerance doses. However, by delivering higher doses to small volumes, organ function can be maintained without causing functional compromise [67]. Due to the delivery of conformal doses and steep dose gradients SBRT allows normal liver tissues to be spared. Retrospective and prospective studies have demonstrated the feasibility of SBRT for LM from different tumor entities with local control (LC) rates ranging from 60–90% at 2 years after treatment [70,71]. In a recent paper, Onal et al. [43] combined liver SBRT and systemic treatment in a total of 22 patients with 29 BCLM, with a mean size of 2.1 ± 1.2 cm. After a median follow-up time of 16.0 months (range 4.4–59.4 months), 18 patients (82%) had disease recurrence. The 1- and 2-year OS rates were 85% and 57%, and the 1- and 2-year PFS rates were 38% and 8%, respectively. The 1- and 2-year LC rates were 100% and 88%, respectively. The authors concluded that SBRT may be an effective and safe treatment option in selected patients with BCLM. Mahadevan et al. [44] reported the results after SBRT of a total of 427 patients with liver metastases from different origin including 42 patients with BCLM. At a median follow-up of 14 months (1–91 months) the median OS for patients with BCLM was 21 months. In the whole cohort, smaller tumor volumes ($<40 \text{ cm}^3$) and BED10 ≥ 100 Gy correlated with improved OS (25 months vs. 15 months, $p = 0.0014$) and (27 months vs. 15 months $p < 0.0001$), respectively. In BCLM the LC rate after 2 years was 24%.

Hypoxia particularly within large lesions may cause local failure [72] and the distance between treated lesions and the surrounding visceral organs at risk should be more than 8 mm [71]. Liver SBRT is technically challenging, requiring daily imaging guidance and insertion of fiducial markers and/or image fusion to localize the target and assess respiration-related organ motion [44]. The patient selection criteria, and optimal dose and fractionation for liver SBRT are still under investigation.



cancers



Review

Local Treatment of Breast Cancer Liver Metastasis

Reto Bale , Daniel Putzer and Peter Schullian *

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* Correspondence: reto.bale@i-med.ac.at (R.B.); peter.schullian@i-med.ac.at (P.S.);
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Local ablative therapies

LUNG

Stereotactic Body Radiotherapy (SBRT) for Oligometastatic Lung Nodules: A Single Institution Series

Rodney E. Wegner^{1*}, Stephen Abel¹, Shaakir Hasan¹, Lana Y. Schumacher² and Athanasios Colonias¹

¹ Division of Radiation Oncology, Allegheny Health Network Cancer Institute, Pittsburgh, PA, United States, ² Department of Cardiothoracic Surgery, Allegheny Health Network, Pittsburgh, PA, United States

ORIGINAL RESEARCH
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LUNG



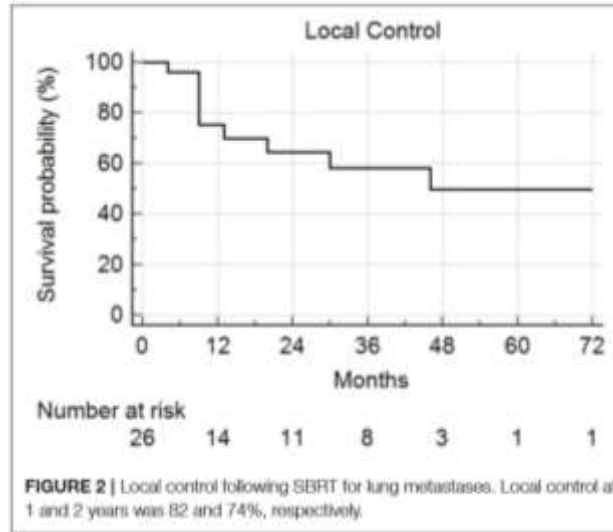
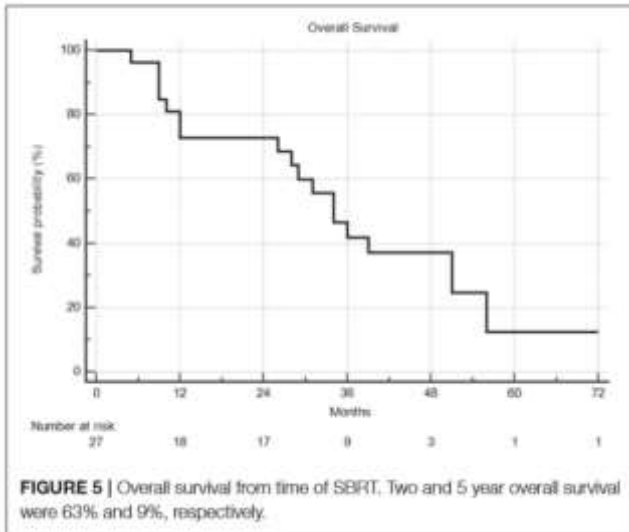
Stereotactic Body Radiotherapy (SBRT) for Oligometastatic Lung Nodules: A Single Institution Series

Rodney E. Wegner^{1*}, Stephen Abel¹, Shaakir Hasan¹, Lana Y. Schumacher² and Athanasios Colonias¹

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Local control by BED using a cutoff of 72Gy. One year local control was 90% compared to 57%, in favor of higher biologic dose

Local control based on pretreatment SUV. Local control at one year was 92% compared to 67%, in favor of lesions with less avidity.



Results

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LUNG

ORIGINAL ARTICLE

Stereotactic Ablative Radiation Therapy for Lung Oligometastases: Predictive Parameters of Early Response by ^{18}F FDG-PET/CT

Rosario Mazzola, MD,^{a,*} Alba Fiorentino, MD,^a Giocchino Di Paola, MSc,^b Niccolò Giall Levrà, MD,^a Francesco Ricchetti, MD,^a Sergio Fersino, MD,^a Umberto Tebano, MD,^c Stefano Pasetto, MS,^d Ruggero Ruggieri, MS,^a Matteo Salgarello, MD,^c Filippo Alongi, MD^b

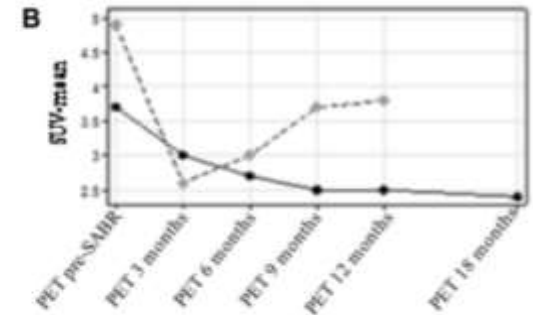
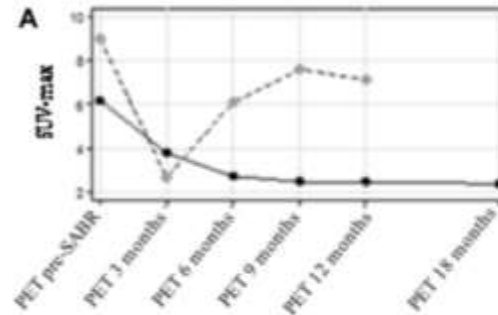
^aRadiation Oncology, Sacro Cuore Don Calabria Cancer Care Center, Negrar-Verona, Italy

^bStatistic Sciences Faculty, University of Palermo, Palermo, Italy

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Received 28 June 2016; revised 28 October 2016; accepted 15 November 2016



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Local ablative therapies

Metastasectomy increases local control with significant improvement of survival in selected patients



Most patients are inoperable for comorbidities or sites of metastases



Results

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La Radioterapia nella malattia oligometastatica
Alba Fiorentino

Local ablative therapies

Review Article

Stereotactic ablative radiotherapy for oligometastatic breast cancer in elderly patients

Ignacio Morales-Orue^{1,2,3}, Juan Zafra-Martin³, Laura Garcia³, Rodolfo Chicas-Sett³, Juan Castilla-Martinez³, Maria Auxiliadora Cabezon³, Javier Burgos⁴, Marta Lloret³, Pedro C. Lara^{4,5}

Submitted Jul 05, 2019. Accepted for publication Aug 23, 2019.

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Results

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Local ablative therapies

Could SABR improve OS in elderly patients?

Most of the patient groups encompassed in the articles in this review have not specifically included elderly patients. When a general analysis is performed on these series, only 13 out of the 17 total studies have reported survival outcomes. As such, the data provided is quite heterogeneous, ranging from 8 to 48 months, with one study (28) even reaching an actuarial survival up to 120 months. Thus, it is not possible to extrapolate these results to an old population. Even then, it stands out that, in Muacevic's *et al.* study (46), 114 elderly patients were included and achieved a median OS of 10 months. A similar case can be seen on the studies published by Sharma *et al.* and Dyer *et al.*, which also specified to have involved the inclusion of aging individuals, reaching a median OS of 33 and 16.2 months, respectively. These seem as very promising results in a group of subjects that, in addition to their advanced age, usually present a myriad of other comorbidities (even though this topic was not reported in any of these references) and where their life expectancy is not generally defined by the presence of an oncologic disease.

In the recent SABR-COMET study, oligometastatic patients presented similar rates of grade ≥ 3 toxicity in both the standard RT and the SABR arms (15). In contrast, patients treated with SABR presented higher rates of grade 2 adverse effects (29% *vs.* 9%), and three treatment-related deaths occurred in this arm (*vs.* none in the control arm). These results, however, were not stratified by age.

In the particular case of brain metastases, it must be taken into account that traditional palliative whole brain radiotherapy (WBRT) has largely been associated with a decline in cognitive status and quality of life (60). This can be critical in the elder population. In this scenario, SRS represents an opportunity to avoid these toxicities. SRS seems to be a safe treatment with minimal acute side effects. And, even though radionecrosis can be present as a finding in control MRI in up to 34% of cases, only 10–17% are actually symptomatic (61,62). Again, none of the evidence that we analyzed specified any differences regarding the subgroup of older patients.

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Local ablative therapies

Conclusions

A SABR approach in oligometastatic BC poses a promising therapeutic option, with excellent clinical results, such as long-term LC, low toxicity and an increase in OS in particular cases. Even though there is limited evidence available, SABR in elderly patients represents an auspicious option that avoids more invasive therapeutic strategies that involve hospitalization (and their intrinsic risks) and allows for a short-course, tolerable, safe and effective treatment. Further studies are required to improve patient selection, establish the most effective fractionation schemes for each localization and evaluate the impact of this kind of treatment on short-, medium- and long-term quality of life.



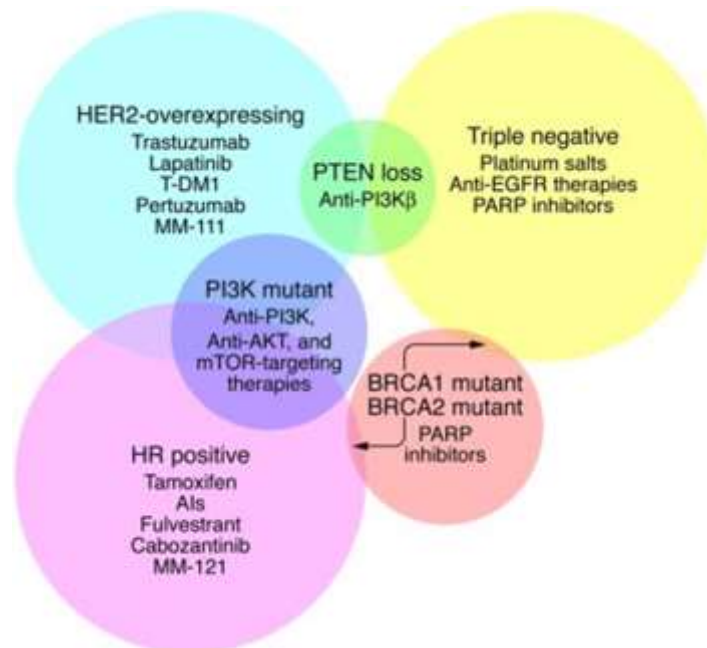
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Metastatic breast cancer



Small molecule inhibitors



Results

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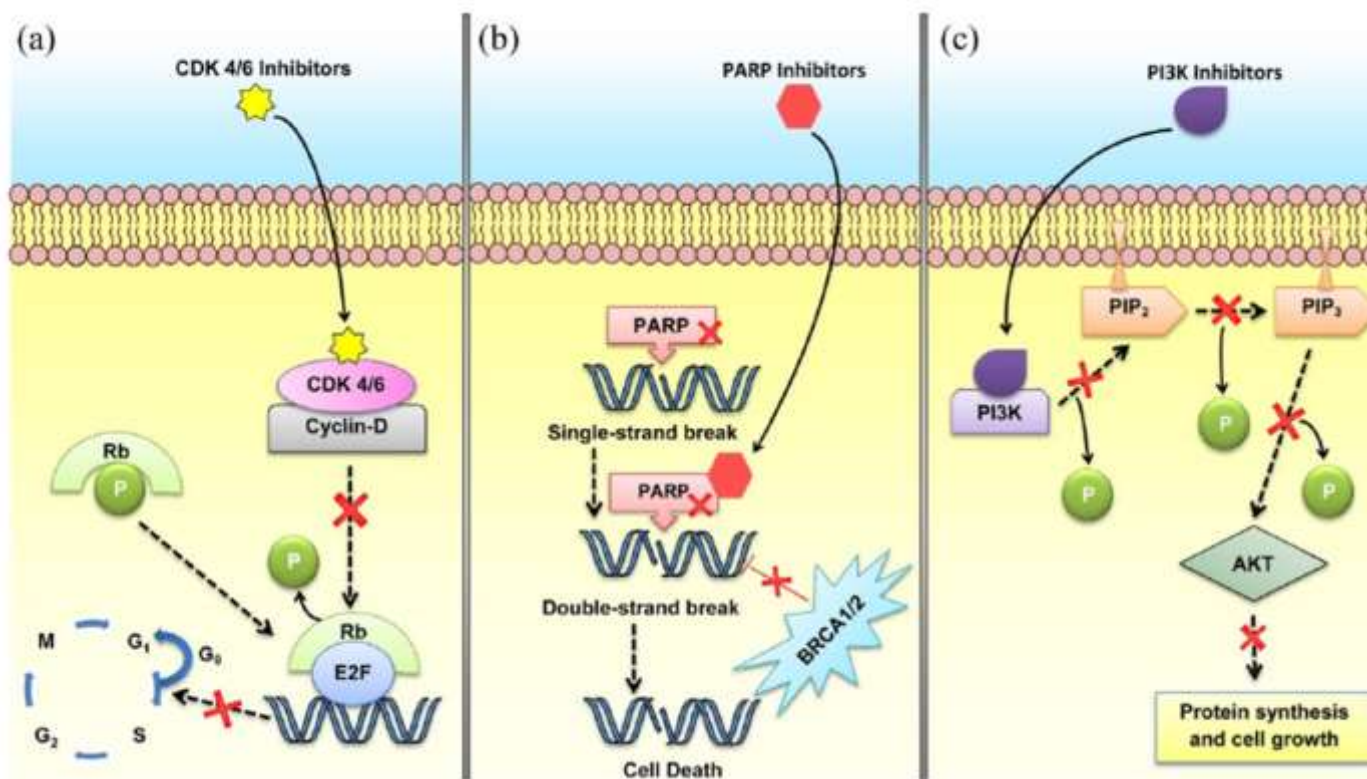
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Metastatic breast cancer

Therapeutic Advances in Medical Oncology

Review



Ther Adv Med Oncol

2018, Vol. 10: 1-21

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Small molecule inhibitors : CDK 4/6

Radiotherapy and Oncology 126 (2018) 181

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Letter to the Editor

Preliminary results of the association of Palbociclib and radiotherapy in metastatic breast cancer patients



After the official authorization of use of Palbociclib, we treated 5 metastatic breast cancer patients with symptomatic RT in association with Palbociclib at the daily dose of 125 mg (D), from D1 to D21 in association with Fulvestrant 500 mg every 28 days. The radiotherapy was performed concurrently. The toxicity was evaluated using National Cancer Institute Common terminology

In conclusion, in this very first report of Palbo-RT association, there was no increased toxicity and this treatment can be used in symptomatic patients. Further larger prospective studies with longer follow-up are needed to confirm these results.



Results

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La Radioterapia nella malattia oligometastatica
Alba Fiorentino

Small molecule inhibitors : CDK 4/6

Article in Press

Severe acute radiation-induced enterocolitis after combined
palbociclib and palliative radiotherapy treatment

[Terufumi Kawamoto](#), [Naoto Shikama](#), [Keisuke Sasai](#)

Graduate School of Medicine Department of Radiation Oncology, Juntendo University, Japan

We administered conformal radiotherapy of 30 Gy in 10 fractions, over 2 weeks. She experienced grade 1 diarrhoea during treatment with Palbo-RT. Three days after radiotherapy completion, she experienced left abdominal pain, bloating and bloody diarrhoea and was diagnosed with grade 3 colitis (CTCTE v4.0). Colonoscopy revealed erosion and angiectasis of the descending colon ([Fig. 1D](#)); therefore, acute radiation-induced enterocolitis was diagnosed.

Treatment with palbociclib before and during 5 daily fractions of irradiation exacerbates GI-ARS in mice [7]. *Lee C.L., Int J Radiat Oncol Biol Phys 2018.*



La Radioterapia nella malattia oligometastatica



Open Access

A horizontal painting of a desert landscape. In the foreground, a small, light-colored building with a square tower on its left side stands on a sandy plain. A few small green bushes are scattered around the building. To the right, a single, rounded green tree stands next to a small, simple structure. The middle ground is a vast, flat expanse of land, possibly a dry lake bed or a field, leading to a range of low, rolling hills in the distance. The sky is a pale, hazy blue, suggesting a bright, sunny day. The overall style is that of a classic landscape painting, with visible brushstrokes and a warm, golden light.

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La Radioterapia nella malattia oligometastatica

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La Radioterapia nella malattia oligometastatica

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Background

Results

Conclusions



Conclusions

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La Radioterapia nella malattia oligometastatica
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«This review provides preliminary evidence that **ablative radiotherapy** may play an **important role in management of oligometastatic breast cancer** and its use is rapidly gaining consensus due to its **non-invasive nature, excellent safety profile, established efficacy** in achieving durable local control in a cost-effective manner»

- Oligometastatic BC is a distinct state characterized by an indolent biology and associated with a favorable prognosis
- SBRT should improve clinical outcome
- Selection of the true oligometastatic patient is the challenge
- Level 1 evidence lacking
- Need to enroll oligometastatic patients into randomized trials



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La Radioterapia nella malattia oligometastatica

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Ente Ecclesiastico
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Advanced Radiation Therapy



Thank you